

# Institute for Learning in Retirement



## Bulletin



Summer 2018

The Institute for Learning in Retirement is dedicated for the enjoyment and continued learning of its members. The courses in this Bulletin are the work of volunteer members who organize and facilitate the courses, discussion groups, special events, and field trips as well as social activities involving the ILR. The presenters are also volunteers from the University of Florida, Santa Fe College as well as the Gainesville community. Visit our website at [www.ilratoakhammock.org](http://www.ilratoakhammock.org) or email Sara Lynn McCrea at [smccrea@oakhammock.org](mailto:smccrea@oakhammock.org) for more information.

### Summer Classes

#### The Helen Rothschild Class on Understanding and Enjoying Opera

**Tuesdays, July 10 through August 28**

**1:00 p.m.**

Oak Hammock Commons

Acorn Room

Facilitators: Forrest Crawford, Coni Gesualdi, David Hickey, Ray Jones

#### Favorite Operas Sung by Favorite Singers

July 10 and 17      *The Barber of Seville* by Rossini



This 2009 Royal Opera House production starring Joyce Di Donato and Juan Diego Florez wowed audiences in London and New York. Come and be wowed, too!

Facilitated by Forrest Crawford

July 24 and 31      *Der Rosenkavalier* by Strauss



The most popular of Strauss' operas, *Rosenkavalier* is hailed as one of the greatest social comedies set to music. It blends laughs, bittersweet melancholy and tons of nostalgia in a deeply affecting mix. And for the last time, Renee Fleming and Elina Garanca lend their glorious voices to their roles in this recent Metropolitan Opera production.

Facilitated by David Hickey

August 7 and 14      *L'Elisir d'Amore* by Donizetti



This 1991 Metropolitan Opera production is conducted by James Levine and showcases the two magnificent voices of Kathleen Battle and Luciano Pavarotti in this perennially favorite opera.

Facilitated by Coni Gesualdi

August 21 and 28      *La Fille du Regiment* by Donizetti



Florez returns to sing the 9 high Cs in the famous aria, "Ah! Mes Amis" and to join with Natalie Dessay in this delightful tale of young love. Staged by Laurent Pelly, this 2007 Royal Opera House production is sure to please even a novice opera goer!

Facilitated by Ray Jones

# Summer Classes



## The Sidney Ives Class on Understanding and Enjoying Opera/ The Greenberg Lectures

This series is in addition to the regular Tuesday afternoon opera series.

**Mondays, July 9 through August 27**

**1:00 p.m.**

Oak Hammock Commons

Oak Room

Facilitators: Forrest Crawford, Coni Gesualdi, David Dickey, and Ray Jones

Whether you are a long-time opera fan or are just wanting to learn a bit to see if opera is for you, The Teaching Company videos “How to Listen to and Understand Opera” featuring the knowledgeable and witty Dr. Robert Greenberg will have something of value for you. We will begin where we left off last summer with lectures 17 and 18 on the Bel Canto style featuring Rossini’s opera *The Barber of Seville*. Each session will consist of two 45 minute lectures, covering such subjects as Verdi’s *Otello*, French Opera, German Opera, Russian Opera and ending with Puccini’s *Tosca*. These are NOT full length operas, but Professor Greenberg gives insights and information that will increase your knowledge and enjoyment of opera.

July 9	Lectures 17-18	The Bel Canto Style and Rossini’s <i>Barber of Seville</i>
July 16	Lectures 19-20	Verdi and <i>Otello</i> , parts 1 and 2
July 23	Lectures 21-22	Verdi and <i>Otello</i> , parts 3 and 4
July 30	Lectures 23-24	French Opera
August 6	Lectures 25-26	German Opera comes of age/ Richard Wagner and <i>Tristan und Isolde</i> part 1
August 13	Lectures 27-28	<i>Tristan und Isolde</i> part 2 and Late Romantic German Opera-Richard Strauss
August 20	Lectures 29-30	Russian Opera
August 27	Lectures 31-32	Verismo, Puccini and <i>Tosca</i>

Each lecture is fully illustrated with recorded excerpts from an opera, Dr. Greenberg at the piano, and delightful asides about the times and the composers. We are sure you will find these lectures not only informative, but fun. Time well spent!

## Adventures in Living V

**Tuesdays, July 10 through August 14**

**10:00 a.m.**

Oak Hammock Commons

Oak Room

Facilitator: Barbara Herbstman

Everyone has a story to tell. Everyone has adventures to share. Everyone has ideas to reflect upon. Our speakers this summer have taken the time and trouble to reflect upon their lives and chose some segments to share with us. This course offers those who participate in it, whether as speakers or listeners, the opportunity to revisit the past and perhaps gain an interesting insight into their lives.

July 10	Edna Hindson
July 17	Hank Connors
July 24	Trudi Di Trolio
July 31	Lori Hoopes
August 7	Madeleine Mitchell
August 14	Doug and Karen Merrey

# Summer Classes

## Barb Spence Series - One Shot Lectures

### *A Man Named Pearl*

**Wednesday, July 11**

**10:00 a.m.**

Oak Hammock Commons

Oak Room

Presenter: Roy Hunt

Facilitator: Trudi Di Trolio

An inspiring, award-winning documentary about the creation of Pearl Fryar's magical and unique topiary garden in Bishopville, South Carolina. This film traces Pearl's journey from a small town sharecropper's son to an internationally known topiary artist and his position as the celebrated cultural and spiritual icon of his impoverished town. (78 minutes; filmed 2006)

### Conversation with Gary

**Wednesday, July 18**

**1:30 p.m.**

Oak Hammock Commons

Oak Room

Presenter: Gary Langford

Facilitator: Trudi Di Trolio

Dr. Langford will spend an hour with us reminiscing about his love affair with music, answering your questions and sharing his insights, and perhaps even playing a little trumpet!

Dr Langford is Professor of Music Emeritus at the University of Florida School of Music. His contribution to the Gainesville Community Band spans four decades. He was director of the UF Jazz Band for many years. His passion for music at UF extends to the Gator Marching Band which he led from 1971 to 1985. He has introduced thousands of students to jazz, including students at ILR, through his Jazz History classes. He directs the Oak Hammock Chamber Orchestra.

### Gainesville in 1923: Images from The Gainesville Sun

**Friday, July 20**

**10:00 a.m.**

Oak Hammock Commons

Oak Room

Presenter: Dr. Richard Phillips

Facilitator: Trudi Di Trolio

In the year 2023, the Gainesville Fine Arts Association will celebrate the centennial of its founding in 1923. Dr. Phillips became involved at the GFAA's preparation for this celebration by working to find early reports, activities, exhibits and projects in microfilm from the Sun. He found it to be a fascinating and thought-provoking exercise. Please join him as he looks back at Gainesville in 1923.

Richard Phillips was the curator of the Latin American Collection, George A. Smathers Libraries until he retired.

### The Accordion

**Wednesday, July 25**

**1:30 p.m.**

Oak Hammock Commons

Oak Room

Presenter: Al Goebel

Facilitator: Trudi Di Trolio

Al Goebel started playing the accordion when he was 7 years old. He took lessons for almost eight years. He did not see himself as a concert accordionist so stopped taking lessons and then played for family gatherings and various church functions. He formed a dance band with several of his friends in college and was busy nearly every Friday and Saturday night. Upon graduation, he left the band to start another career. The accordion stayed in its case for over fifty years until he retired at the age of sixty.

Al was born and raised in Detroit. His father came from Germany, mother of German parents. He has two grown children and four grandchildren.

# Summer Classes

## Barb Spence Series (Cont.)

### Barbara Bush, Our No-Nonsense First Lady

**Wednesday, August 1** **10:00 a.m.**

Oak Hammock Commons Oak Room

Presenter: Barbara Oberlander

Facilitator: Trudi Di Trolio

Presidential advisor David Gergen once described Barbara Bush as an "ideal first lady" since "there was a quality of steel about her."

Known for her candor, wit, and strong opinions, as well as the striking contrast to her predecessor Nancy Reagan, Barbara Bush was far more successful as First Lady than her husband as president. This presentation will explore the complex legacy and accomplishments of a woman whose influence is still felt today.

Barbara Oberlander is Professor Emerita of History, Santa Fe College. She received her B.A. in Political Science from Wellesley College, her M.A. in History from Case-Western Reserve, and her Ph.D. in History of American Civilization from Brandeis University. Her special interest has been in American History and especially women's place in it. She has presented to the ILR many times. Ladies, wear your pearls!

### *An African American and Latin History of the United States*

**Wednesday, August 8** **1:30 p.m.**

Oak Hammock Commons Oak Room

Book Signing by Paul Ortiz

Facilitator: Trudi Di Trolio

Dr. Ortiz will have copies of his latest book, *An African American and Latin History of the United States* available as he discusses it and reads from it.

Here are some reviews:

<https://www.bustle.com/p/10-books-about-race-to-read-instead-of-asking-a-person-of-color-to-explain-things-to-you-8548796>

<https://www.colorlines.com/articles/new-book-breaks-down-history-african-american-and-latinx-people-joining-forces-fight-racism>

### Moby Dick Lecture

**Wednesday, August 15** **1:30 p.m.**

Oak Hammock Commons Oak Room

Presenter: Dr. Paul Ortiz, Director of the UF Samuel Proctor Oral History Program

Facilitator: Trudi Di Trolio

Dr. Paul Ortiz is back to talk about another great classic in American literature, Herman Melville's *Moby Dick*.

Dr. Ortiz recommends the 150th Anniversary Edition by Penguin (2001) which may be difficult to find. However, there is also a reprint of this edition in 2010. Both include a wonderful forward by Nathaniel Philbrick, author of *In the Heart of the Sea*.

Here is a link to Philbrick's preface: <https://glose.com/book/moby-dick-10/foreword-by-nathaniel-philbrick#280>

# Summer Classes

## Oak Hammock Authors

Thursday, July 12 through August 16

Oak Hammock Commons

Facilitators: June Girard, Dick Martin

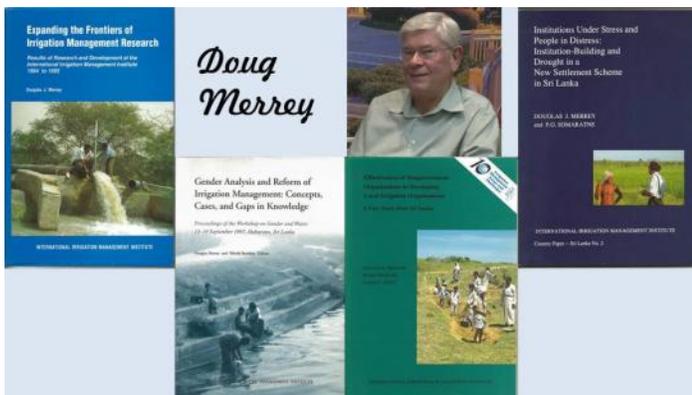
10:00 a.m.

Oak Room

Michael Foucault argues in his essay “What is an Author” that all authors are writers. A writer has made a book available to the public through a publisher or through the rise of self publishing. He or she is the creator of a written work that has given existence to a particular subject.

Dick Martin, Oak Hammock Videographer, and June Girard, retired interviewer, have collaborated to record and introduce six of Oak Hammock’s many published authors. Their books run the gamut from professional treatises to memoir. After the recorded interviews are shown, each of the authors will be present to answer questions.

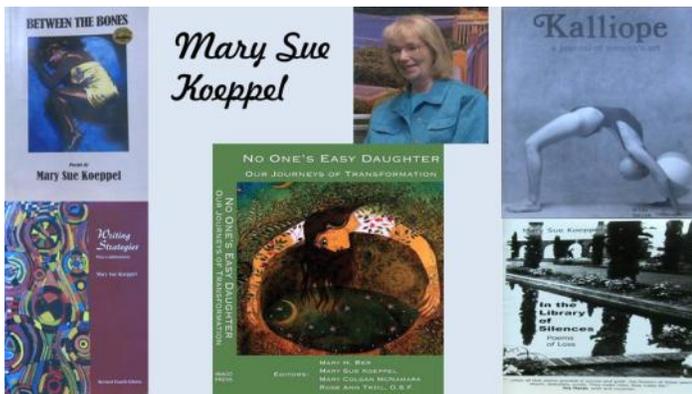
Dr. Andy Gordon will speak for Norm Holland.



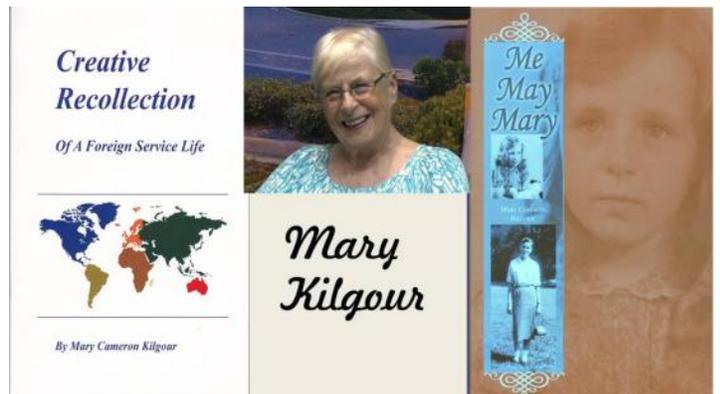
July 12



July 19



July 26



August 2



August 9



August 16

# Summer Classes



## Student Research Presentations

**Mondays, July 9 through August 13**

**10:00 a.m.**

Oak Hammock Commons

Oak Room

Facilitator: Joseph Flores-Toro

This is a new series that gives UF students the opportunity to discuss the research they are doing in pursuit of their advanced degrees.

July 9            Opioids: Their Effects and Treatments

Presenter:      Sandy Saunders, UF Department of Pharmacology and Therapeutics

Mr. Sanders will discuss the opioid epidemic we are witnessing in America from a researcher's point of view, discuss the known scientific underpinnings of these drugs, and explain how our research at UF is contributing to the understanding how these drugs work and how it can be applied to treatment of opioid abuse.

July 16           Soft Matter Engineering Using 3D Printing

Presenter:      Chris O'Bryan, UF Department of Mechanical and Aerospace Engineering

At the University of Florida, we have developed a new 3D printing method that uses a sacrificial support material, enabling us to 3D print silicones, hydrogels, cells, and even fluids. Mr. O'Bryan will be discussing how we leverage this sacrificial support material to manufacture customizable silicone implants, study cancer growth, and answer fundamental questions in physics and biology.

July 23           Smell and Taste

Presenter:      Art Zimmerman, UF Department of Pharmacology and Therapeutics

Our chemical senses help us navigate our environment and impact many of our daily decisions. In this talk, Mr. Zimmerman will discuss the basic science behind smell and taste, how they affect us in our daily lives, and the major impacts due to loss or changes in these senses.

July 30           Immunotherapy for the Treatment of Glioblastoma

Presenter:      Joe Flores-Toro, UF Department of Pharmacology and Therapeutics

Mr. Flores-Toro will discuss the state of the field and the advances his lab has made in studying the use our own immune system and other treatments make to fight cancer and how they are bridging the gap between lifesaving immuno-therapies and the treatment of brain cancer.

August 6        Exoplanets

Presenter:      Nolan Grieves, UF Department of Astronomy

The 1995 discovery of a planet orbiting a sun-like star other than our own marked the explosion of a new field in astrophysical research: extrasolar planets, or exoplanets. Mr. Grieves will explain current detection methods of extrasolar planets and the interesting and surprising features of planetary systems that have been discovered. He will also discuss his current research in exoplanet and brown dwarf star detection and the University of Florida's current Dharma Planet Survey designed to find habitable super-Earth planets around nearby sun-like stars.

August 13      Combating Aging Related Cognitive Decline with Specialized Diets

Presenter:      Abbi Hernandez, PhD (defended her PhD this semester) UF Department of Neuroscience

As the number of individuals living beyond the age of 65 is rapidly increasing, so is the need to develop strategies to combat the age-related cognitive decline that may threaten independent living. She has studied the effects of aging on processes ubiquitous to the entire brain. To do this, she utilized dietary changes that switch the primary fuel source from glucose to ketones. She found positive changes in peripheral health markers. She believes this is an effective dietary strategy to combat age-related declines in function.

# Summer Classes

## World War Films

Thursdays, July 12 through August 16

1:30 p.m.

Oak Hammock Commons

Oak Room

Presenters and Facilitators: Eve and Richard McMaster

The tragedy and waste of war as portrayed in classic movies from Britain, Germany, the United States, and Japan: three set in World War 1 and three set in World War II

### World War I

July 12 *Oh, What a Lovely War*, UK, 1969, history, satire, and popular songs in a witty and moving mix that contrasts the courage of soldiers and generals who promoted “the war to end all wars.” Directed by Richard Attenborough and featuring a number of top British actors.

July 19 *All Quiet on the Western Front*, U.S., 1930, follows a company of young German volunteers from the school room to the trenches of the Western Front, where their patriotism is destroyed by the harsh realities of combat. Based on a 1928 German novel.

July 26 *Paths of Glory*, U.S., 1957. Three French soldiers are court-martialled for cowardice in refusing to continue a suicidal attack order to save the honor of the general who commanded them and the commanding officer who defends them. Starring Kirk Douglas and directed by Stanley Kubrick.

### World War II

August 2 *The Bridge*, Germany, 1959, was the first major antiwar film to come out of Germany after World War II. In the final days of the war, German teenagers are defending a strategically unimportant bridge when American tanks unexpectedly appear.

August 9 *Letters from Iwo Jima*, Japan and U.S., 2006; Clint Eastwood directs a thoughtful portrait of the Japanese forces who held the island in the last days of the war. The general in charge, who had spent time in the U. S., is the emotional center at the end. The movie was based in part on his letters.

August 16 *Ballad of a Soldier*, U.S.S.R., 1959; As Soviet forces retreat from the Nazis, 19-year-old Alyosha’s action on the battlefield makes him a hero. Instead of a medal he requests leave to visit his mother.

## Quartet: A Quartet of Four Short Stories

Mondays, July 9 through July 30

1:30 p.m.

Oak Hammock Commons

Acorn Room

Presenter: Estelle Aden

Facilitator: Lisa Renner

Each session will consist of two short stories by two renowned authors. It is a genre complete with psychological density and emotional delineation with a dash of humor. The authors have all achieved national and international acclaim. The eight writers have left a literary legacy.

July 9 Hortense Calisher: *Heartburn*

Kurt Vonnegut: *Jenny*

July 16 James Joyce: *The Boarding House*

Stephen King: *The Man in the Black Suit*

July 23 Robert Penn Warren: *The Patented Gate and the Mean Hamburger*

John Cheever: *The Five-Forty Eight*

July 30 Isaac B. Singer: *Taibele and Her Demon*

Anton Chekhov: *A Work of Art*

Oak Hammock at the University  
of Florida  
5100 SW 25th Blvd

The Institute for  
Learning in Retirement



## Spanish Conversation and Culture

**Mondays, June 4 through August 27**

**1:30 p.m.**

Oak Hammock Commons  
Multi-purpose Room

Instructor: Cathryn Gregory  
Facilitator: Roanne Coplin

This course is a continuing course in Spanish. It is targeted toward those who have a basic knowledge of the Spanish language. Conversation, culture, current events, short stories, drama, literary analysis, advanced grammar, and vocabulary expansion will be included.

Cathryn Gregory has over 40 years of experience in teaching high school Spanish. For 20 of these years, she taught Advanced Placement Spanish Literature. She has a master's degree in Foreign Language Education from The Ohio State University.



## Roundtable Discussion in the Algonquin Genre

**Thursdays, July 12 through August 23**

**10:00 a.m.**

Oak Hammock Commons

Multipurpose Room

Moderators: Jim Sullivan, Dick Suttor

***Class Limit 25***

This is a forum for discussion of topics of mutual interest. Participants are encouraged to bring their interests, opinions, and expertise to the table and engage in spirited, though respectful debate. Topics will be determined jointly by participants.

**The On-going Conversational German Group will continue to meet on Tuesdays at 1:30 p.m. in the Fireplace Lounge in the Commons Building.**